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What a hectic semester that was! Hopefully, everyone is well into holiday mode by now whether you're currently sailing around Europe or not! Make sure to relax and look after yourself! Keep in touch with friends, spend time with your family and rejuvenate so you're ready for what the rest of the year holds!

Semester one is all about adjusting, making friends and settling in. Semester two starts with a bang and stays just as crazy for the rest of it! Jam-packed with events, sports and cultural events, you will keep meeting new people and making awesome memories! Prepare yourself for the best semester ever.



Big Love, Dix!



## END OF SEM 1 RECAP! EXPLAINING MY CAMERA ROLE STYLE













## SEM 1 RESULTS!

## **Sport placing**

Volleyball: 1st Hockey: 3rd Badminton: 4th Swimming: 4th AFL: 2nd Rowing: 3rd Soccer: 3rd







## Cultural

Debating: 10th Chess: 9th Choralfest: 2nd College Idol: 2nd Bandfest: 7th

ICC: 2nd!



# **SEM 1 SPORT** Fav mems from the conveners

Rowing: Clem & Annie Favourite Memory: When we sang 'Who are the girls in maroon' at the finish line on the water with the girls at the spectator tent after finishing our 8 race.





### Soccer: Len & Anna

Favourite memory: Muff saving the deciding penalty in the Eman game after a tough weekend 1 of games and feeling such relief and excitement for the team. From there going into weekend 2 as a super strong and passionate team to bring home bronze.

Badminton: Ebony My favourite memory: Watching everyone's grade 10 badminton dreams come to life.





## AFL: Georgia (Muffin)

Favourite memory: Beating kings and getting a live performance from panda for the season closer.

Hockey: Jess & Nolke Favourite mem from the hockey season is the whole last Sunday! Beating John's and Duch with a big crowd of supporters, followed by the best summary ever (Lingas certified).



## Swimming: Mady

Fav mem from swimming: Hearing the girls cheering us on during the relays after some really tough events. The support everyone showed for us all was unmatched and I'm so proud of all the swimming girls for all their racing!



#### SOME EVENTS TO LOOK FORWARD TO!

EVENTS

#### WOMENS

31st July: Wellness Week 6th August: Open Day 11th August: BALL! 12th August: Succession 1st September: Father and Daughter Drinks 14th September: Rush! 8th October: Rush! 21st October:Pink Ladies Day 27th October: Val Party

#### ICC

Art Show Dancefest One Act Play Oratory Athletics Netball Rugby Touch

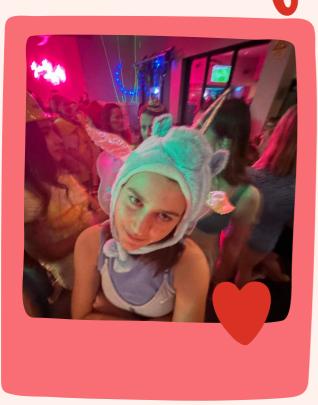


#### BALLS

28th July: Leo's Ball
25th August: Union Ball
2nd September: King's Ball
22nd September: John's Ball
6th October: Cromwell Ball
13th October: ICC Ball







## Name: Tara Lavery

Nickname: Tarzy, T-Lav Hometown: Melbs Ideal Career: GYG product tester.

Icks: Pushing people on the

d-floor and liking stockies.

A line that would make you interested: "hey I found a green fob on College Road"

Hidden talent: Powers of persuasion.

**Qualities you look for:** Funny, can hold a conversation, loves a felons trip.

**Weaknesses:** vodka pineapple, taking my washing off the line in under 5 business days.

Most possessive item: My 5 star uber rating.

**Must have on a night out:** Rhyme Dust playing full blast in the uber on the way home

Fav memory of sem 1: Woozalympics #bluehahabluehaha

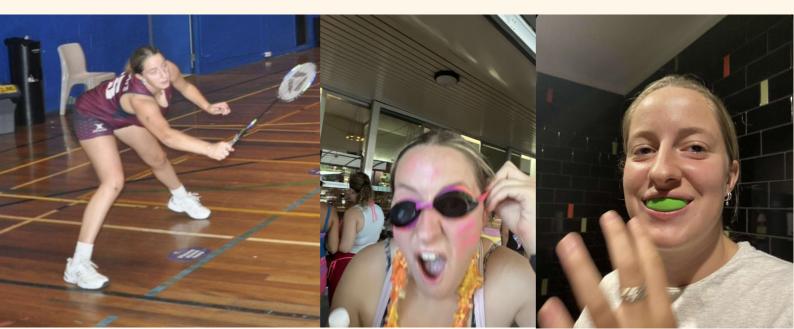
## Bec Flinn! Semester one sport legend

Legend on and off the field, Bec from Tassie slayed in our hockey, AFL, volleyball AND badminton teams. Thank you for your amazing contribution to TWC sports, we are so grateful! On top of this, we always see you supporting the other sports. We love you Bec <3

WOOZA

OF THE

WEEK



# FAN FAVOURTTE







# THE HOUSIES

Our "fan favourite' college for the end of semester 1 was... International house! They were legends out on the badminton court and we had an awesome game against them in volleyball. They hosted the amazing Bandfest and put on an awesome night for us all. The students at IH are always so friendly and we appreciate them and their awesome sportsmanship so much!



## Exercise

Exercise plays a pivotal role in selfcare as it not only nurtures physical well-being but also enhances mental clarity, boosts mood, and promotes

overall vitality



Prioritising sufficient and quality sleep is an integral aspect of selfcare, as it rejuvenates the mind and body, enhances cognitive function, and empowers individuals to approach each day with vitality and resilience.



## Organisation

Being organised reduces stress, enhances productivity, and provides a sense of control and clarity. So watch your lectures and go to your tutes! Future you will thank you.





Treats!

Treat yourself! Treating yourself

allows for moments of relaxation,

indulgence, and self-appreciation,

replenishing your emotional reserves

and fostering a sense of balance and

contentment in your life.

